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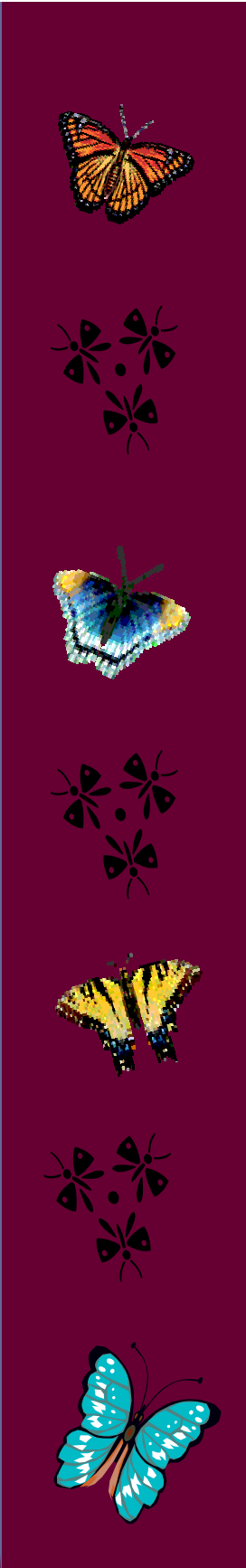


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Fetal Alcohol Spectrum Disorder Awareness Day

Raising awareness around the world about the dangers of drinking during pregnancy and the plight of those individuals and families who struggle with Fetal Alcohol Spectrum Disorders.

On the ninth minute of the ninth hour of the ninth day of the ninth month, international activists are asking the world to remember that during the nine months of pregnancy, a woman and her baby should remain alcohol free.



Please join us with helping bring awareness to our community. Your presence is the **voice** for all those that live with the effects of FASD. Until there is awareness/understanding there cannot be the full circle of support that is critical to the successes for individuals and care providers/families affected by FASD.

The City of Barrie has joined numerous other countries, states/provinces around the world by officially proclaiming FASD Awareness Day! This is our opportunity to heighten awareness about FASD and its devastating lifelong effects. FASD is the leading cause of developmental disabilities in our society.

The goal will be to increase knowledge about FASD, decrease the stigma and judgment that surrounds alcohol use, clarify myths and misconceptions, and decrease the lack of tolerance and insensitivity to people with FASD. This is our City's third annual FASD Awareness Day, it is our hope to see families and community partners join in unity to heighten awareness. This will in turn improve the quality of life for all those that live with the effects of FASD, in addition to the knowledge that there is *no known safe amount of alcohol consumption during pregnancy*.

We are looking for individuals/families/community partners who would like to take part in this initiative. Please contact us at 705-791-5809 or email info@hh4fasd.com to register so we can have a table ready for you.

Hosted by:

Helping Hands for Fetal Alcohol Spectrum Disorders (FASD)



Date: September 09, 2009

Time: 8:45 a.m. to 11:00 a.m.

**Location: Barrie City Hall -Foyer
70 Collier Street**

**There will be a moment of
silence at 9:09 a.m.**